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FRIDAY, APRIL 30, 2010

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Earth Day

Cleaning up the community should be a year-round effort. Page 4

The dog days

Who says dogs are dumb animals? Page 8

New league

Co-ed volleyball league to start up this fall. Page 16

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CLASS ACTION LAWSUIT

No timeline for decision: lawyer

DAVE JOHNSON
Tribune Staff

TORONTO — Lawyer when a decision will come down on a \$400-million class action lawsuit against Vale Inco.

see LAWSUIT | Page 2

See Inside: **INSERTS** Full Distribution

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PREVIEW PARTY: Members get sneak peek at exhibit

Navy to be celebrated at museum

WAYNE CAMPBELL
InPort News Staff

PORT COLBORNE — The Historical and Marine Museum kicked off a royal year Saturday with its annual preview party for members.

The museum, which opens Saturday, will celebrate the 100th anniversary of the Royal Canadian Navy with Firing a Royal Salute. The nautical exhibit contains models of Port Colborne's two named Second World War ships: the frigate HMCS Port Colborne and corvette HMCS Fathom.

A second exhibit, sailing along side the naval one, highlights the 35th anniversary of the museum itself. A Royal Affair contains "hidden gems" from the museum's collection showing a donation made from each year.

see FIRING | Page 2

WAYNE CAMPBELL Staff Photo

Lynn van Dillen, staff member with the Port Colborne Historical and Marine Museum, and museum life member Don Mau sit at the bow of a lifeboat. It serves as a guide through a Royal Canadian Navy exhibit called Firing a Royal Salute. This year the museum will honour the navy, which celebrates its 100th anniversary.



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■ FIRING A ROYAL SALUTE

Model of ship comes Monday

FROM PAGE 1

"It was a lot of fun going through the collection," said Lynn van Dillen, who sorted through the items looking for those that had not been shown or hadn't been seen for a long time.

"Sticking to the royal theme, we took out some of these," said the staff member pointing to a case full of Royal Family-related cups, towels, plates and other items.

A key item was missing from the Royal Navy display Sunday, HMCS Harbourstone.

Quebec model crafter Joseph Vella, who also worked on HMCS Port Colborne, couldn't get the model made in time for the preview. He will deliver it Monday during a tour through southern Ontario to make similar deliveries to other museums.

During the Second World War, Canadian cities and towns sponsored warships, van Dillen

said. "In Port Colborne, a group called the Sailortaires raised funds to equip ships. They had a lot of sports equipment and even a piano." The museum has a poster listing ships named after Canadian communities.

The Firing a Royal Salute exhibit fanks a lifeboat-shaped walkway built during the war.

Van Dillen said it can be taken apart an used for displays during events such as Marine Days.

Major Vance Badaway, who was touring the exhibit, said the Royal Canadian Navy will tie its August Marine Days celebration to both the museum and navy anniversaries. The museum created the Marine Days weekend.

The navy, museum anniversary and the long-standing Welland Canal exhibits will continue through to Decem- ber.

In May the Heritage Research Archives beside the museum will feature a travel exhibit from the Archives of Ontario called A Lifetime, Day By Day about five women and their diaries.

This summer the Marine Exhibit Lighthouse on the museum's grounds will get a new look with a display of historical models.

Director and curator Stephenie Powell Baswick said the museum is promoting its life membership. For \$100, you can have a lifetime membership which gives you free access to all events as well as a ten credit.

Lifetime member Don Mau, who moved to Port Colborne a couple of years ago, said he bought a membership because it was a good deal and a good way to give the museum a boost.

wcampbell@wellandtribune.ca

■ ELECTRIC BEDS: Golf tournament fundraiser coming soon

Duffers taking a swing at new beds

DAVE JOHNSON
InPort News Staff


The bed made the stay in the hospital better.

Maria Aliberti

PORT COLBORNE — Maria Aliberti always took part in Port Colborne Hospital Foundation's annual golf tournament, but it wasn't until this past winter she understood how important the fundraising event really was.

Aliberti was stepping up to get into a line when she slipped and fell. In the process, she suffered a spiral fracture of her femur that sent her first to Welland hospital and then to Niagara Falls hospital.

It was at Niagara Falls hospital where Aliberti experienced something she feels should be in every hospital in Niagara and something that's already in Port Colborne — electric beds.

"It made things much easier," said Aliberti as she sat in McKellar Hall at Port Colborne hospital with her husband Angelo, foundation administrator Debbie Sorensen and golf classic committee chair Mark Vanderlaan talking about her experience.

She said a patient in the same room as her in Niagara Falls had an electric bed, but it wasn't the same as the one she was in. Her bed had controls that were easily accessible to a patient. That meant she could move the top or bottom part of the bed up and down herself.

"It was great to have that ability."

The patient beside her couldn't do that and her bed didn't move quite the same as Aliberti's.

"The poor girl couldn't sit up to eat, they had to follow in behind her."

Aliberti said with her fracture, she could move the bed any way she wanted to give herself relief.

When she was transferred from Niagara Falls to Port Colborne for recovery, she had an electric bed that had the same controls as the one in Niagara Falls.

And those beds are what the hospital foundation hopes to be able to purchase after Port Colborne Hospital Foundation's 18th annual Golf Classic on Wednesday, May 26.

Spraggert and Vanderlaan said the hope is to raise enough money from the tournament to buy two new electric beds for the hospital. The beds cost around \$7,500 each.

Aliberti said it's important for people in the lakeside city to realize that all funds raised by the hospital foundation are used to buy equipment that stays in Port Colborne.

"The beds made that stay in the hospital better," she said, encouraging people to take part in the golf tournament and help raise funds for the hospital.

The tournament takes place at the Port Colborne Country Club May 26. The cost is \$130 each and includes lunch and a chance to win door prizes.

The dinner is sponsored by Thurston Machine ship. For more information call Spraggert at 905-834-4501, ext. 3216.

djohanson@wellandtribune.ca

■ LAWSUIT

Judge wants clarity

FROM PAGE 1

"At this point we just don't know," said Gillespie, of the firm of Birmingham and Gillespie LLP.

He said in cases of a reserved decision by a judge, there's no communication between the court and involved parties and once a decision is made it will be released to all. The case which pertains primarily to historic nickel contamination from the Inco refinery and its

effect on Port Colborne property values wrapped up in court this past January. "We won't be called back before court for the decision."

The decision by Justice Joseph Henderson will more than likely be sent by fax to various law firms, though Gillespie won't be back in court for the decision, he and Inco's lawyers will be before the judge on May 10.

Henderson, said Gillespie,

wants both sides to give their interpretations to two issues — ongoing emissions and public nuisance.

"His honour is asking for clarification on those two meanings."

The lawyer said with the way the English language is, each could have a different meaning to people.

dgjohnson@wellandtribune.ca

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portraits

■ GARBAGE: Eastside clean up on Earth Day



Cheryl Janeway picks up garbage along Mitchell St. during an east-side cleanup organized by the Port Cares Reach Out Centre for Earth Day.

■ RECYCLED: St. Joseph students do their part



Ecole St. Joseph students Justin Brule, Samantha Schneider and Madelene Philippe display their Earth Day art made from recycled materials.

KAESHA FORAND Staff Photo

■ EARTH DAY: Trees planted in Wainfleet



Brian Alkemade of Short Hills Tree Service helps Mayor Henderson plant a tree during Earth Day celebrations Thursday. Short Hills Tree Service donated three trees to the township and they were planted on grounds in the vicinity of a new proposed playground.

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IMPORT NEWS

I'VE BEEN THINKING

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■ Ourview

Earth Day in Port Colborne

The city was a busy place on Earth Day. It started off with Port Cares Reach Out Centre volunteers making a concert effort to clean up as much garbage as they could on the city's east side.

More than 20 volunteers carried on a tradition that began 20 years ago with Angie and Gilles Desmarais and Tom Lannan. The Reach Out Centre has been carrying out a clean up for the past six years and volunteer Cheryl Jamesway was there to lead the effort every year.

"It helps the environment looks neat and you can take pride in your front yard," said Janeway.

Volunteers Thursday collected 18 bags of garbage and almost filled the dumpster.

We congratulate Janeway and the other volunteers for carrying on the tradition and cleaning up the east side. What a great idea to come together to one day and one area of the city and encourage everyone to take time to clean up around their neighbourhood.

Take 10, 15, 30 minutes, whatever you can spare, to clean up in front of your home. Get your neighbours and children involved and make a day of it.

If we all took the time to even pick up a discarded pop can or cigarette pack, the city would end up being a cleaner and more attractive to visitors.

And while volunteers were cleaning up the east side, students at Ecole St. Joseph learned how to make something out of nothing.

Each class was tasked with creating a piece of art or useful item using only recyclable items. Used paper was transformed into origami, cereal boxes were cut and used as paper organizers, tulips were made from egg cartons and hats that were made into hats, book covers and used for gift wrappings.

Kindergarten teacher Sommers Ellich said students have shown great interest in learning about the environment and how they can reduce their consumption.

"We're trying to show them you can reuse things." Teaching children to recycle at a young age can help them become better recyclers and better stewards of the earth in the future.

If we all followed the examples of the students at Ecole St. Joseph and volunteers from Port Cares, Port Colborne would be a much cleaner and environmentally-friendly place to live.

Taking pride in the community should be an every day effort, not just one for Earth Day.

Unreality TV peep shows and Jesus

GORD ABRAHAM
 Port Colborne Baptist

Now I am on my soap box! Are you ready for this rant from a gentle follower of Jesus who is weary of the shallowness of the peep show culture that is engulfing us today?

Have you ever watched some of the so-called reality TV shows where most involved have to show their worst, most self-centered, self-promoting side?

These are the shows that give us bite size portions of what is a larger picture of modern, consumer, Peep Culture.

If it isn't the Osbornes, it will be the Gene Simmons jewels, the dancers, the idols, the Lost schemers, the fightin' Gosselins or maybe even the sad exhibitors on Jerry Springer. Whoever it is, they are willing to try and revive a celebrity career that has gone stale and has lost its credibility for the most base of actions and behaviours. It is astounding what people will say, do and expose to all viewers through the media of TV, Facebook, YouTube, Twitter etc.

For many to hear criticism of this sort of behaviour is to have a puzzled look on their face as if to say, "what's the problem with a little entertainment, a little bit of fun?" Sadly, people have sold out their

souls for such a low price by allowing their lives, at their worst, become entertainment for the Roman Coliseum crowds. The worse you behave, the more you will become known. The more you become known, the more your darker side and the messiness of your life, the bigger the payoff. What a price to pay for just a few minutes of fame and a few dollars.

You may not agree with me on my opinion and "take" on our culture as it is expressing. But, one thing I hope you will agree with is that the way we have allowed ourselves to be exposed so much shows that we want someone to really know us and love us and care for us — exposure is a cry for unconditional acceptance.

Now, I am not saying to judge and ban it, for companion, alongside the One called Jesus. He is ready to have you look into his life. He is ready to look into your life not for the purpose to peep for entertainment but rather for the sole purpose of changing us from the inside out.

He first will call for us to believe in death and resurrection and to trust him as Saviour and Lord — to confess the sin of independence and self-will. He sent us the invitation to submit our whole being to his rule. He promises us that he will make us clean inside and give us a few more dignified minutes of shallow fame, but rather a life of ever-growing peace and inner joy. Jesus, when describing himself

using the image of a door into a safe, protective sheep fold said, "Any one who goes through me will be cared for — will freely go in and out, and find pasture." If it is only there to steal and kill and destroy, I can assure you can have real and eternal life, more and better life than they ever dreamed of."

When we allow this master, Jesus, to take over our life. He offers to clean us inside out, not to exhibit all the mess inside me to as many others as possible.

He gives us another focus. A focus of intimate relationship with God and others. He gives us a clearer picture of the deep needs within us that he will change and a desire, in spite of those needs, to please others. He will move us into other's lives, not to peep but to love and encourage and see them changed into the likeness of Jesus as well.

He will change us to be people with wholesome speech, and even a life that will be impacted by his life within us so that we will begin to seek the betterment of others.

There is a breath of fresh air when we bring this God-man alongside the kind of culture that has a distinct odour of death.

There is a refreshing taste of life-giving water when we invite Jesus into the centre of our lives to be the satisfaction of the deep yearning for someone to love us unconditionally.

■ LETTER TO THE EDITOR

The Niagara Region/contractor 'boondoggle'

Let's get this straight. We have a "business deal" between the biggest contractor in the Niagara Region and the regional government itself.

The "company" came about most likely as a result of a staff report submitted to the regional government. The selected public servant, almost certainly in the planning department.

Those supposed to protect the

public interest and spend our tax dollars wisely, the elected regional councilors, did what they do best — just read the recommendation by their underlings and voted in favour of the staff report.

Several years later, because the contractor didn't do his homework properly, because the province changed

the rules, or for any number of reasons, this taxpayer/private wind energy company that was to save taxpayers money and offer cheap alternative energy — is there anyone around still stupid enough to believe those claims in the face of increasing evidence that the exact opposite?

— was told they were not after all, be approved as the company to inflict a wind farm on Wanless?

To add insult to injury, we now read that because this proposed project, described as a "community project" by our regional government, has failed, it is the same taxpayer who will have to reimburse the contractor to the tune of \$500,000 for monies he has already spent?

Could someone, anyone at Niagara

Region, explain to me the rationale behind paying out an additional \$500,000 over and above what the region have already committed to this taxpayer/private wind energy company?

If "bailing out" failed business deals is the norm, the Niagara Region will either private business or taxpayers be offered the same sweet deal?

Would someone also explain who came up with the "community project" term?

There have been no public meetings, no invitation to the public to attend any meetings that led up to this company being formed?

see THINK | Page 5

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ALONG THE LAKESHORE**SATURDAY, MAY 1**

CONTAINER GARDENING WORKSHOP at Wainfleet Township Public Library at 10 a.m. Join Vivian Shoats from Master Gardeners of Niagara, and learn how to create a beautiful container garden. Please call 905-899-1277 to pre-register your attendance as space is limited.

SUNDAY, MAY 2

ROBED IN SPRING PRESENTED by St. James & St. Brendan Church Choir with special guests The Rio Trio and Sucra. A fundraising concert for new choir robes. Event gets underway at 7 p.m. at St. James & St. Brendan Anglican Church, 55 Charlotte St. Tickets are \$10 and are available through the church office 905-834-3184 or from any choir member. Refreshments following the concert.

THURSDAY, MAY 6

THE WINGER-WAINFLEET WOMEN'S Institute is holding its meeting titled making history at 1:30 p.m. in the Friendship Room at the Wainfleet Arena. For more information contact Elizabeth at 905-899-4872.

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Think about how you'll vote

FROM PAGE 4

Wainfleet residents have been given absolutely no public information regarding a farm election this spring since this present council failed to offer it. Perhaps us ordinary folk aren't important enough to be seen as part of the Niagara 'community' where wasting more tax dollars is the plan.

This is local government at work. You would

all be wise to start thinking seriously of voting the coming competencies out of office this coming October and looking for new candidates who could do no worse and who just may be able to change the present disaster that is local government.

Andrew Watts

Port Colborne

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ALONG THE LAKESHORE

THURSDAY, MAY 13

PRE SCHOOL STORY TIME for ages two to five at the Walnifleet Township Public Library from 10:10-45 a.m. A six-week program of stories, songs, activities and crafts. No fee for the program but please call 905-899-1277 to pre-register. Each child must be accompanied by their parent/caregiver. This session's theme: Spring has Sprung @ your Library.

PHILOSOPHER'S CAFÉ AT the Walnifleet Township Public Library at 6:30 p.m. Drop by for refreshments and a lively discussion. This month is an open discussion. All welcome. No philosophy training required, real life experience desired.

WEDNESDAY, MAY 19

E-MAIL BASICS At Walnifleet Township Public Library from 2 p.m. to 3:30 p.m. Learn how to send and receive e-mail and create your own email account. Some basic computer knowledge is required. Cost \$10. Please call 905-899-1277 to pre-register your attendance as space is limited.

TELL TAILS At Walnifleet Township Public Library from 4 to 5 p.m. Come read your favourite story to Therapy Tails Niagara's therapy dogs who are visiting the Library. Please call 905-899-1277 to book your 10-minute reading session in advance.

SATURDAY, JUNE 5

BIKERS RIGHTS ORGANIZATION Port Colborne is holding its second annual charity golf tournament at Emerald Pines Golf Club, 1878 Sherk Rd., Port Colborne with a shotgun start at 10 a.m. Cost is \$75, with registration from 8:30 a.m. to 9:30 a.m. All proceeds will be donated to Special Olympics Ontario. For more information contact John Lachroix at 905-835-2210, Brad Cutler at 289-228-2769, Larry Davidson on 905-353-0121 or Penny Daake at 905-357-2834.

AT THE PORT COLBORNE PUBLIC LIBRARY

EXPRESS YOURSELF: WRITER'S SUPPORT Group with facilitators Gary and Kitty Roy. Thursdays 6 p.m.

to 8 p.m. Practical advice on getting published, finding a literary agent, and copyrights. For more information contact the facilitators by e-mail at groy10@cocego.ca, or call the library at 905-834-6512.

ONGOING

QUIT SMOKING SUPPORT group, every Monday from 6 to 7 p.m. at the Port Colborne Hospital, 260 Sugarloaf St. All are welcome for the supportive and motivating environment. Contact Bridges Community Health Centre for more information at 289-479-5017 ext. 2445.

THE ALZHEIMER SOCIETY of Niagara Region support groups for caregivers meets the first Tuesday of each month (except July and August) from 1:30 p.m. to 3:30 p.m. at Rajepe Lodge, 277 Plymouth Rd. Welland. For information call 905-687-3914.

THE 79 LYNTON DAVIES Air Cadet Squadron meets every Tuesday at St. Peters Lutheran Church, 200 Erie St. from 6:30 to 9:30 p.m. Interested persons should contact captain John Deroule at 905-227-7609.

COMPUTER WORKSHOPS and one-on-one training are available at the Walnifleet Township Public Library Mondays, Wednesdays and Fridays. Please call the Library at 905-899-1277 to book an appointment.

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The dog days of life



George Duma
BY GEORGE

It is my humble belief dogs are some of the finest beings on the planet.

Take my new friend, Nate, the four-year-old Rhodesian ridgeback. Actually, we've known each other for a few months now but the friendship is still relatively new.

As I write this, my jacket on to my back, I have a smile on Nate's pumper. But what does he do? He follows me around the house until he realizes I'm sitting down at the computer to write this. He then lies down at my side and lets me finish my thought on the computer screen. He seems to realize I have to get this down on paper, so I speak, before we walk.

I don't really, but he doesn't know that. He doesn't care.

OK, so he looks up at me with those brown eyes of his. I look into his eyes and realize he has his snout in my hands, give him a peck on the head, a pat on the side and that's it.

I'm now leaving for our walk. (Three hours later)

These days, we dog-sit.

We had to euthanize our beloved dog in early December, a golden retriever who was from almost birth until about six weeks shy of his 15th birthday.

At the time, we decided we were going to wait a long while before even entertaining the thought of another dog.

But then we began to take in dogs belonging to our friends and family when they go away and can't take the canines with them. It's better than a kennel; well, cheaper anyway.

Dog-sitting is sort of like having canine camping. It's a really good idea, with a few things to think about. You have a wonderful companion for anywhere from three to seven days. You take him to the beach, play, have a wonderful time, then you give him back. No food bills and no vet bills. Not that we've minded either of those bills. I'm just saying.

Nate is an adorable animal. Very majestic. And I really like the fact he's been raised much like we raised our dog - lots of exercise, no table scraps or human food of any kind, and definitely not spoiled. He comes from a good home.

He's a fine companion, especially when circumstances leave one alone for a couple of days.

Nate never leaves my side and he is always ready to go when I am. I open up the back door of

my little Toyota Echo hatchback, put the seats down and up he jumps. We're off. He doesn't really care where, he's just happy to be

with me and happy with the fact we're going somewhere. That we end up in Wainfleet walking around the quarry with a female

German shepherd is merely gravy.

see DUMB ANIMAL | Page 7

Relief from Heart Disease

Mel Kennedy is a 63 year old grandfather with eleven lovely and active grandchildren. His children live close, so he is able to visit his grandkids regularly but he still has time for his many projects and interests. Technically he's retired, but as his wife would tell you, "he's always fixing something or other!"

About 10 years ago Mel, noticed he was tiring quickly. Simple tasks like walking the dog became difficult because of fatigue and a painful burning sensation in his throat. He couldn't walk very far without resting. At night, his feet were always, always cold. As time passed, the symptoms worsened. With growing fear and anxiety, he went to a cardiologist who confirmed that he was suffering from heart disease and angina.

Angina is your body's way of telling you that your heart is not receiving adequate amounts of blood or oxygen. In Mel's case, there was a build-up of plaque in the arteries around his heart, blocking blood flow. A common ailment called hardening-of-the-arteries, these blockages were cutting off the blood supply causing his heart to work much harder.

dizziness, fatigue and numbness in his legs was an indication he was suffering from poor circulation.

Mel knew a number of friends, neighbours and family members who suffered from heart disease. Many ended up with heart bypass surgery and life-long drug therapies.

Mel also had friends who suffered from heart disease but had responded without surgery. They urged him to try Formula PLW, a combination of vitamins, minerals and antioxidants - a complete nutritional supplement that supplies your body with heart healthy nutrients to help it heal itself. Formula PLW reduces free radical damage, known to cause arterial hardening and it helps the body cleanse and eliminate the fatty deposits causing heart disease. It's been years since Mel has felt angina, now he exercises regularly, eats right and supplements daily with Formula PLW.

For more info about Formula PLW, visit [Rosemary's Natural Choices](http://Rosemary'sNaturalChoices.com).

300 tabs

Sale... \$ 53.99

Sale ends May 12th

How about a FREE cup of coffee? Drop by Rosemary's Natural Choices and enjoy a cup of organic, fair trade coffee. Our treat! Joe, Brenda and Tea have been keeping Wellandians healthy for over 17 years. Good health, natural remedies, great people and free coffee. It doesn't get any better than that!

7

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DONATION: \$200 for Special Needs program

PAIGE THOMPSON Inport News Photo

Beth Jeffrey, of the Canadian Federation of University Women, donated \$200 to Port Colborne High School's special needs class program, with the set up of the federation's book sales throughout the year. Jeffrey hands Eric Robbins the cheque with students, Alyssa Drysdale, Robert Hannah, Cody Moody, and Norman Cleave.

Dumb animal? No way**FROM PAGE 7**

First thing the next morning, he's at my side when I open my eyes from a deep sleep. He's literally inches from my face.

I get up and off we go for a walk in the rain. It's like any other walk except for the fact he shakes himself a little more often to keep the water off as much as he can.

I return after about 45 minutes and I wipe him down with an old towel. I had actually forgotten how much I missed the smell of wet dog.

As I sit in our den writing this, Nate is at my feet. He licks his eyes and blinks lightly, thoroughly content with his world.

It never ceases to amaze me how unconditional the love of a dog is. Pat him, scratch behind his ears, give him an "atta boy" and all is well in his universe.

It's funny how some people consider dogs dumb animals. Because as I sit here contemplating the world and everything in it, I wonder who are actually the dumb ones.

We create chaos in our midst when there need not be any. We worry about the newest things when that is also not necessary. We get things so wrong as a human race.

And then I look down at Nate and smile.

Dumb animal? No way. In fact, he's got it so much more right than many humans.

He's a great friend, this Rhodesian ridgeback. He can come stay here anytime.



GEORGE DUMA Inport News Photo

Four-year-old Rhodesian ridgeback Nate loves a good joke.

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• George Duma is a resident of Port Colborne and has spent 30 years in the newspaper business. He is currently a member of the journalism faculty at Niagara College. He welcomes comments and column suggestions and can be reached at: gduma@cogeco.ca



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■ VOLUNTEER APPRECIATION: Invaluable resource

Honouring volunteers at Northland Pointe

InPort News Staff

PORTE COLBORNE — Volunteers are an invaluable resource to a place such as Northland Pointe, says Tammy Wright.

The regional seniors home resident and community program manager and other staff members, including administrator Joy Misztal, were at the Guild Hall to honour dozens of volunteers at a luncheon as part of Volunteer Appreciation Week.

"We have volunteers here who have been with us for decades," said Wright.

Those who help at the seniors home on the shore of Lake Erie put much time into their work.

"Our volunteers put in 10,805 hours in 2009. That's quite remarkable for a small community."

"They go above and beyond and are always there if we need them," Wright said.

Volunteers help out with fund-raising, assisting residents, palliative care and planning functions such as the annual family day picnic.

"They help enhance the quality of life for our residents," Wright said.



DAVE JOHNSON Staff Photo

Northland Pointe volunteers Mary Doan, left, and Vera Jamieson were honoured for 25 years of service at the Port Colborne seniors home during a luncheon Wednesday. In back are, from left, recreation and community program manager Tammy Wright, administrator Joy Misztal and regional Coun. Bob Saracino.

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■ NEW MANAGER: Gary Makins takes over role left by Tom Lannan

'Beach guy' surfs into parks and recreation lead

Import News

PORT COLBORNE — Gary Makins is a "beach guy" who loves being outside.

As the city's new manager of community services he'll get plenty of exposure to both, over-

seeing such places as Nickel Beach and Centennial Park.

Makins started the job Tuesday, replacing Tom Lannan, who retired last year.

In addition to managing recreation and programming services, Makins will oversee the city's spe-

cial events division — which he jumped right into Tuesday when he attended his first Canal Days meeting. Makins comes to Port Colborne having worked for the City of Hamilton's recreation department the past 32 years holding a number of positions.

After Hamilton city hall restructuring, the graduate of Mohawk College's recreation course found himself back at school, this time teaching the curriculum. He was still marking students' final exams when the city called him about the position.

Though Makins knew of Port Colborne from Lannan, who he has known for years, he'd never been to the city before.

"My wife and I have passed through before while touring a route the lake. I wish I would have come earlier," said Makins. "I'm looking forward to Canal Days now, too."

He plans to continue living in Hamilton for the time being, as his wife is headed back to school for another three years. Makins

has a son, 23, and daughter, 21, back in Hamilton.

"Hopefully one day I'll move here, I really like the town."

Makins has toured some of the city's recreation facilities already, including the new \$1.5-million for Kennedy Youth Arenas and Centennial Pool. He plans on taking a tour of the city's parks with his staff soon. A director at large on the board of directors for the Ontario Recreation Facilities Association, he has also looked at opportunities for the city's future health and well-being programs.

"I'm glad I got in early enough to look at the drawings for the centre. Being in the recreation field for so long there's things you see and things you know that could be a problem ..."

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EYE EXAMS ARRANGED

RECIPE of the Week

Apr. 30th to
May 13th

INGREDIENTS

1. In a small bowl combine dry ingredients. Drizzle with oil. Use a fork, mix until crumbly. Set aside.
2. In a large bowl stir ingredients together until well combined. Set aside.
3. Preheat oven to 375 degrees F. Grease 12 muffin cups or spray with non-stick cooking spray. In a large bowl mix egg with applesauce, honey & oil. Pour applesauce mixture into flour mixture. Stir with a fork just until combined. Batter will be thick. Spoon into muffin cups. Sprinkle with pumpkin seed mixture, patting gently into batter. Bake for 20-23 minutes or until a toothpick inserted into the center of a muffin comes out clean. Cool in pan 5 minutes, then place on rack to finish cooling.

10% off our product ingredients

- Dark or Golden Brown Sugar • All-purpose Flour
- Whole Wheat Flour • Baking Powder • Salt
- Sea Salt • Five Spice Powder
- Dried Cranberries • Honey
- 1 egg
- 1 cup unsweetened or unsweetened applesauce
- 1/4 cup Honey
- 1/4 cup canola oil

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WHO'S WHO?

2010 CONTEST

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JUST IDENTIFY AS MANY PORT COLBORNE AREA BUSINESS PEOPLE AS YOU CAN ON THE FOLLOWING PAGES AND YOU MAY:

WIN \$400
SECOND PRIZE: \$200 • 3RD PRIZE: \$100

who do you know? NAME _____
in PORT COLBORNE'S ADDRESS _____
special section of
WHO'S WHO? PHONE _____

PORT COLBORNE'S

WHO'S WHO?

contest rules

Anyone may enter this contest except employees of Sun Media and their immediate family.

On the following pages of this section of InPort News you will find ads representing Port Colborne and area businesses. Also on the following pages you will find pictures of representatives of these businesses. Simply cut out the pictures and paste them into the ads to which you believe they belong. Bring the completed pages to the Who's Who Contest drop off at Port Country Pantry, 50 Charlotte Street (beside City Hall). Make sure you fill in your name, address and phone number in the space provided at the bottom of the first page. Entries must be received by 5 p.m. Wednesday, May 19th, 2010.

Only one (1) entry per household will be eligible for a prize.

The entry with all or the highest number of pictures placed in the correct ads will be the winner. The next highest will be the second award winner, next highest the third. In the event the same number of pictures are correctly placed on more than one entry, a draw will be held to determine the winner or winners. The winners will be announced in InPort News on Friday, May 28th, 2010 along with the correct placement of the photos. Entries will become the property of InPort News and the judges' decision will be final.

Picture identification must be done in person at the participating businesses - NO phone calls please.





WHO'S WHO?



Mom,

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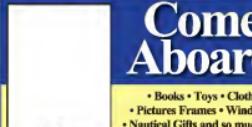
18 Holes

18 Holes

18 Holes

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WHO'S WHO

100



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in the

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WHO'S WHO

ISSUE 5



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ISSUE 5

**who do
you know?**
in the**WHO'S
WHO** **contest**

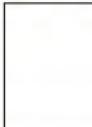
ISSUE 5

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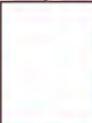
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■ **FITNESS CENTRE:** Getting a good workout

Keeping fit at Lakeshore

InPort News Staff

PORTE COLBORNE — Lakeshore Catholic High School's fitness centre is getting a good workout these days, say both the school's vice-principal and head of the phys-ed department.

Ugo Fazzari and Dino Germano say the fitness centre was first started in the school, above the main gym, in 1991 and has doubled in size since then.

In addition to the various weightlifting stations, there are now a number of stationary bicycles in the fitness centre, the two say.

"We have spin classes now and there are about 20 to 30 kids who take part in them," says Germano, adding a qualified instructor is there to run the class.

In addition to the spin classes, the school has a teacher that is professional weight lifter, John Charette.

Charette helps students who want to learn to lift weights properly and build muscle.

The two men say the virtually all sports teams in the school use the facility during the various sports seasons and off season as well.

Germano says Fazzari, teacher Josh Ort, and former teacher Brad Johnstone deserve credit for getting the fitness centre going and helping it expand over the years.

"We've had tremendous growth and it's important to keep it going," says Fazzari.

He says with a rubber floor and safety cage around the fitness centre, it is accessible for students and teachers alike to use. It is also wheelchair accessible.

With an increasing focus on health and healthy lifestyles, Fazzari says students and teachers are encouraged to use the fitness centre to keep themselves in good shape.

"We're blessed to have the state-of-the-art machine we have here at the school and the students should be thankful," says Fazzari. "I wish we had something like this when I was in high school."



DAVE JOHNSON Staff Photo

A group of Lakeshore Catholic High School students take a spin on some of the bicycles in the school's fitness centre. Staff and students are encouraged to use the fitness centre.

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■ WAINFLEET ARENA: Students help out

Building connections in the community

InPort News Staff

WAINFLEET — Hockey teams have a shiny new trophy case to display all of their winning hardware inside Wainfleet Arena thanks to a group of Lakeshore Catholic High School students.

The case was built by Curtis Wilcox, Erbie Symonds and Brian Borofsky — all construction students in the specialist high skills major program, says construction technology teacher Toni Nuccitelli.

He says Wainfleet Arena needed another trophy case and since the high school reaches out to the community, it was a good project for the students.

It took four days of measuring, cutting and staining to put the case

together and move it to the front lobby of the arena.

While in the area, Nuccitelli says the students also rearranged all of the hockey banners that were hanging all over the arena and moved them all to one wall at the west end of the facility.

Nuccitelli says it gave students a chance to use a scissor lift and fall-arrest system and the skills they might use on a construction site if they choose to follow construction as a career.

DAVE JOHNSON/Staff Photo

Students Erbie Symonds, left, and Curtis Wilcox, right, stand in front of the trophy case they helped build with teacher Toni Nuccitelli, far right, for Wainfleet Arena.

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2010 ELECTION

Steep learning curve for trustee

InPort News Staff

tion. He filed his papers Feb. 19.

Dame, 49, said his first term was "a great experience and a steep learning curve."

The board is facing a number of challenges, including declining enrollment, declining revenues, and at times to struggle to receive adequate special needs funding. "I still enjoy the job. It's still an interest of mine to make sure students get the best education," Dame says.

Dame is employed as an estimator for Franklin Marine and Industrial. He is married to Tammy and they have three children and one grandchild. Family, he said, always comes first.

As trustee, he is a voice for three high schools and about 12 elementary schools. He has attended school council meetings and tries to make his way to school with his agenda.

With his daughter away at school, he was a member of an interim parent advisory board and a committee member of Parent's Voice and Education.

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ARTS PLACE: Diana Hinman showing at gallery

Artist loves to draw

WAYNE CAMPBELL
InPort News Staff

PORT COLBORNE — Wainfleet artist Diana Hinman mulls over her art pieces.

She said she was somewhat indecisive over what to choose for her month-long exhibition at the Arts Place Gallery, 714 King St.

"I have mused me enough to go up," she said, waving her hand at the room full of primarily oil paintings.

They are a mix of people, places and things.

People walk in a Montreal street scene. Places include her native Britain.

Things are her husband's beloved orchids.

"Each painting has its own trajectory," she said about the stories behind the pictures.

Hinman said she loves oil

paints because they are forgiving. They have flexibility in their drying time and they are mildly colourfull.

She loves to draw, she said.

Much of her work comes from sketches of people such as one of her husband, son and dog watching a National Football League game.

Similarly, her popular Port Colborne setting art comes from sketches along the canal.

"I've done a lot of the Griffin," she said about the Canadian Coast Guard ship that's regularly moored in the city.

Many artists take photos. Then they draw from them.

Hinman prefers to limit the photographic approach. She's used it under weather or time constraints, she said.

She would rather sketch from a live scene.

"Photographs give you a two-dimensional view. I prefer the three-dimensions you see when sketching."

The artist appreciates the attention her painting of Port Colborne scenes gets. However, she said an artist has to be careful of getting trapped into doing things just because they are popular.

"You have to keep refocusing" to improve, she said.

As you get older, an artist tends to broaden his or her outlook on life and what they can do, she said.

Hinman grew up in "an artsy home" in Brinsford. Her grandmother in particular was a water-colour artist and he sister shared her love of art.

Hinman studied at both at the Manchester College of Art and Design and the Birmingham College of Art before coming to Canada where she further developed her style and technique.

The exhibition continues at the Arts Place Gallery, 714 King St. until May 23. The opening reception will be held Sunday, May 2, from 2 p.m. to 4 p.m.

ucampbell@wellandtribune.ca



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WAYNE CAMPBELL Staff Photo

Wainfleet artist Diana Hinman mulls over one of her art pieces. She said she was somewhat indecisive over what to choose for her month-long exhibition at the Arts Place Gallery at 714 King St.

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■ RAISING FUNDS: Student headed to Vietnam

Blue Bears help support travelling students

PAIGE THOMPSON
For InPort News

PORT COLBORNE — Port Colborne High School's Lyndsay Johnston is one of four students from local high schools in the DSBN to be selected to travel to Vietnam. Lyndsay, a Grade 11 student, aimed to raise \$3,500 to help support her travels with DSBN's Habitat for Humanity.

Mike Pastore's transportation technology specialist high skill major students helped Johnston in raising some of this goal to participate in the Vietnam DSBN.

The technology class helped her with saving up money made from the recycling program in the technology classes by donating \$500 to her to help support her funds.

Port Colborne High School always tries to help out their students in need. The entire school is very proud of Johnston and all helped in raising her funding goal of \$3,500. She finally raised her goal and is now just waiting for her venture to Vietnam to start.

PAIGE THOMPSON For InPort News

Christopher Lipscombe, Stephen Toepp, Jason Miller and Isaac Grist, representing Port Colborne High School's specialist high skills majors program, present Lyndsay Johnston with a cheque and she stands with teacher Mike Pastore.



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■ CO-ED LEAGUE: Gets underway this fall

Players needed for new volleyball league

InPort News

PORT COBORNE — Nancy Wilcox and Carrie Fenton have the equipment, gym, T-shirts and sponsors.

Now all Port Colborne residents need are players for a new co-ed recreational volleyball league they are launching for youths in grades 8 to 12.

"Our daughters were looking for somewhere to play," Wilcox said in explaining the two women are starting the league.

Both Wilcox and Fenton play volleyball in the Club Frontenac league in Port Colborne.

Their new league will start this fall with games at the Port Colborne Brethren In Christ Church, and the schedule for the inaugural season runs from September until April.

They said the league will run Thursday nights and will include year-end playoffs and a season-ending party.

"We'll be holding registration in May at

the church and the gym will be open so

everyone can hit the ball around then," Wilcox said.

Registration for the new league will take place at Port Colborne Brethren In Christ church May 6, and again May 13, from 7 p.m. to 9 p.m.

The fee is \$80 per player. Sponsors of the eight-team league are Boggio's Pharmacy, Sidey's Flowers, Buckner's Source for Sports and Kerr-ay Kustoms.

Port Colborne Brethren In Christ Church is at 10641 Hwy. 3, just west of Quarrie Rd.

on the south side of the highway.

For more information, call Carrie Fenton at 905-835-8481 or Nancy Wilcox at 905-834-7773.



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